

# GLUTEN INTOLERANT

Our Gluten Intolerant Friendly (GIF) menu and the information on it is provided by Cactus Jack's as a service to our customers who may be seeking Gluten Intolerant Friendly items.

## **APPETIZERS & SALADS**

#### Seared Bacon Wrapped Shrimp 🛇

Colossal shrimp and smoked bacon...9.99

★ Cajun: Pan-blackened, mixed greens, lime remoulade, chipotle bleu cheese.

★ Maple Citrus: Pan-seared, citrus glaze, mixed greens. Cajun Style: Under 650 calories, 5g net carbs when ordered "In the Pink®"

#### B & B Salad 🛇 🔿

Salad greens, grilled chicken, cucumber, tomato, onion, green pepper, Colby & Jack cheese, tortilla thins...13.99 (Blackened, Buffalo or both B & B) Under 650 calories when ordered "In the Pink®"

#### Caesar Salad 🗢

Homemade dressing and Parmesan cheese....9.99

- \* Grilled Chicken...4.99
- \* Beef Skewers...6.99
- \* Bacon Wrapped Shrimp...7.99

Under 650 calories, 10g Net Carbs when ordered "In the Pink®"

## **BURGERS & SANDWICHES**

#### **Chipotle Burger**

1/2 lb. burger, chipotle pepper, adobo sauce, cheddar, GF brioche roll, bacon, chipotle mayo, broccoli...13.49

#### **NH's Best Burger**

1/2 lb. burger, lettuce, tomato, onion, pickle chips, GF brioche roll, broccoli American or cheddar...13.49

#### Turkey Avocado Cheddar Melt

Roasted turkey, lettuce, tomato, bacon, avocado, cheddar, chipotle ranch, GF brioche roll, broccoli...13.99

#### **Rustler's Chicken Sandwich**

Bacon, ranch, American cheese, lettuce, tomato, GF brioche roll, broccoli...13.99



## **HOUSE FAVORITES**

### 12oz. Ribeye Steak

12oz hand-cut Ribeye, sautéed mushroom, broccoli...23.99

#### Enchiladas 🛇

Corn tortillas, cheddar, pico de gallo, sweet chilies, refried beans, enchilada sauce, Mexican rice, sour cream. Chicken...14.99 ★ Ground Beef...15.99 ★ Vegetarian...12.99

### Bueno Burrito 🛇

Refried beans, cheddar, traditional salsa, GF tortilla, Mexican rice, sour cream.

Chicken...14.99 \* Ground Beef...15.99 \* Vegetarian...12.99

### **ORDERING FOR A CHILD?**

Just ask, and we'll include a package of Home Free Allergen Friendly cookies with your meal.



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#### ALLERGEN INFORMATION

Your safety is of the utmost importance to us. Please be aware that our "made-from-scratch" recipes involve shared cooking and preparation areas, including but not limited to common fryer oil. The possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu item can be free of common food allergens. We can provide the most current ingredient information from our food suppliers with proper notice. Note that their stated absence of allergens within these items are not inclusive of every ingredient and may leave out trace elements. We can make no guarantees of the accuracy and disclaim liability for the use of this information. Please ask to speak with a manager if further assistance is needed.

These items can be prepared vegetarian upon request.

These items are 650 calories or less, 10g of fat or less, or 10g of net carbs or less.